

# CANADA

CAPITAL

OTTAWA

SCALE

100 200 300 400 500 600 700 KILOMETRES  
100 200 300 400 MILES

ALASKA



YUKON TERRITORY

WHITEHORSE

NORTHWEST TERRITORIES



PACIFIC TIME

HAY RIVER

MACKENZIE

MOUNTAIN TIME

CENTRAL TIME

EASTERN TIME

ATLANTIC TIME

DAWSON CREEK

PRINCE RUPERT

SMITHERS

PRINCE GEORGE

JASPER

EDMONTON

EDSON

LILLOET

KAMLOOPS

COURTENAY

PORT COQUITLAM

NANAIMO

VANCOUVER ISLAND

VICTORIA

VANCOUVER

SEATTLE

PORTLAND

LAKE LOUISE

GOLDEN

REVELSTOKE

SALMON ARM

PENTICTON

MEDICINE HAT

SWIFT CURRENT

MOOSE JAW

REGINA

SASKATCHEWAN

ONTARIO

MANITOBA

QUEBEC

LABRADOR

NEWFOUNDLAND

EDMONTON

WAINWRIGHT

UNITY

RED DEER

DAWSON CREEK

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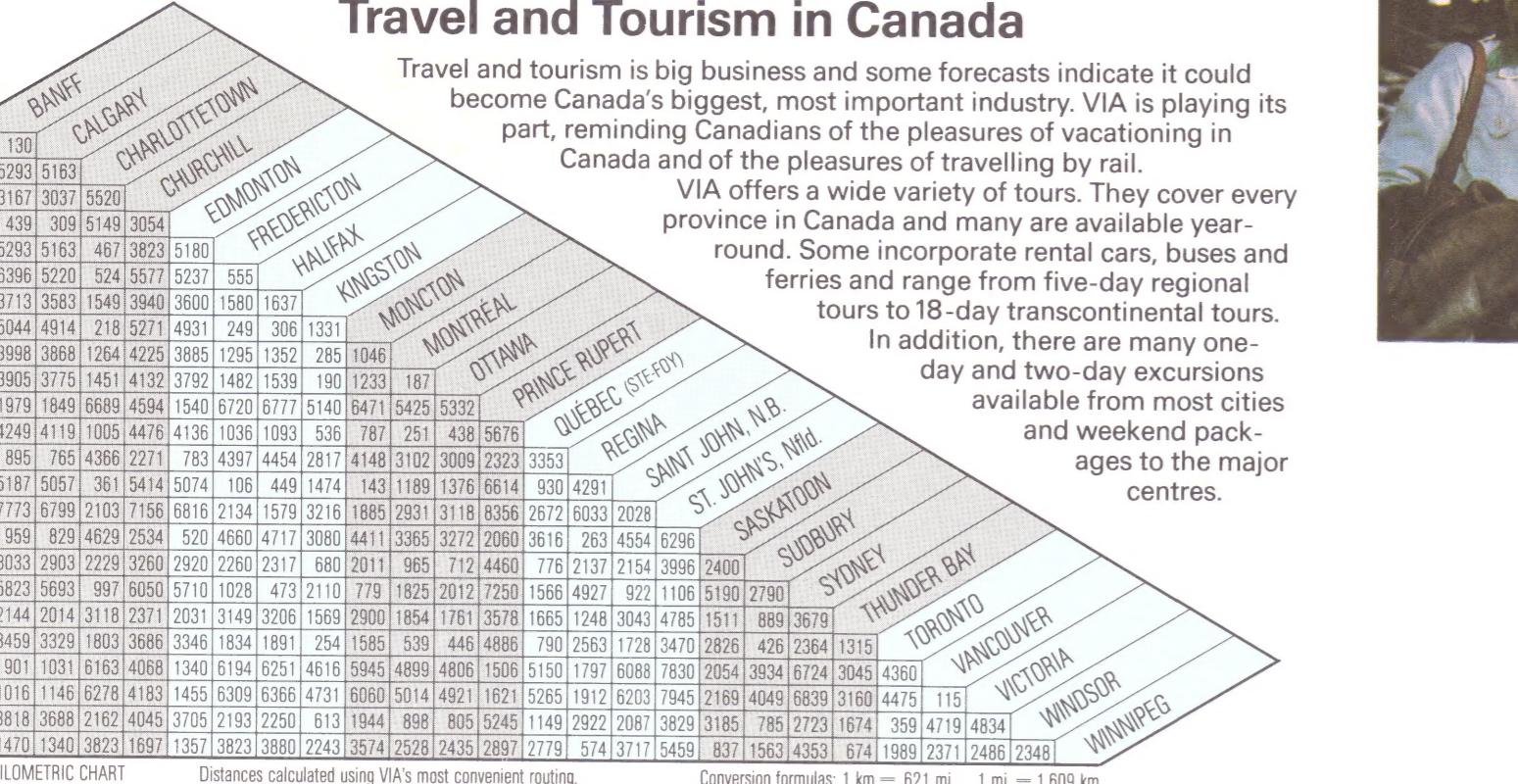
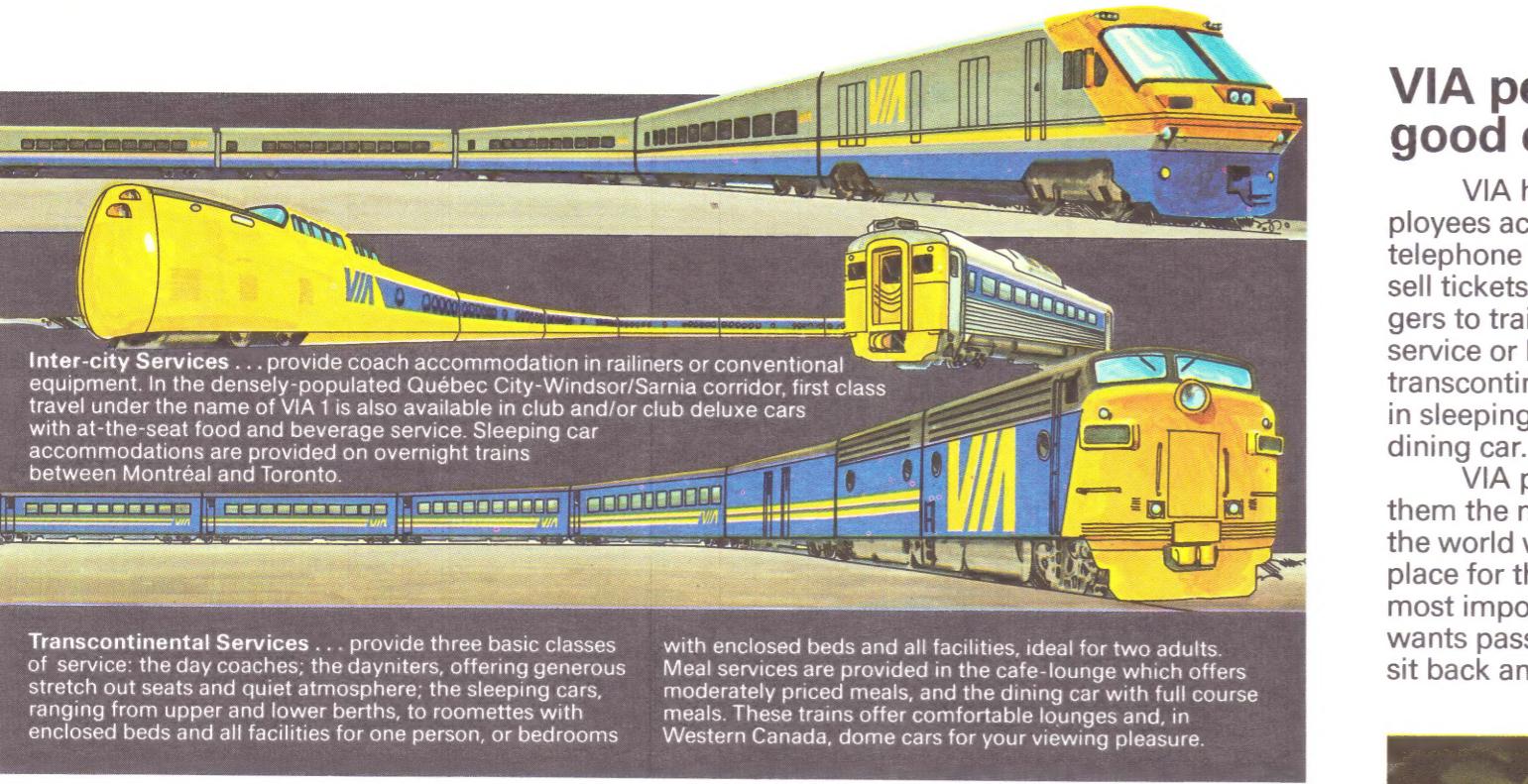
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P.O. Box 1358, Pl. Bonaventure  
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Winnipeg, Manitoba  
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**PRINCE EDWARD ISLAND:**  
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642-2916

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Saint John  
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871-1331

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Québec City  
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Kingston  
London  
Ottawa  
Toronto  
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Other Area 613 Calls  
All Area 705 Calls  
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112-800-665-8630

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**BRITISH COLUMBIA:**  
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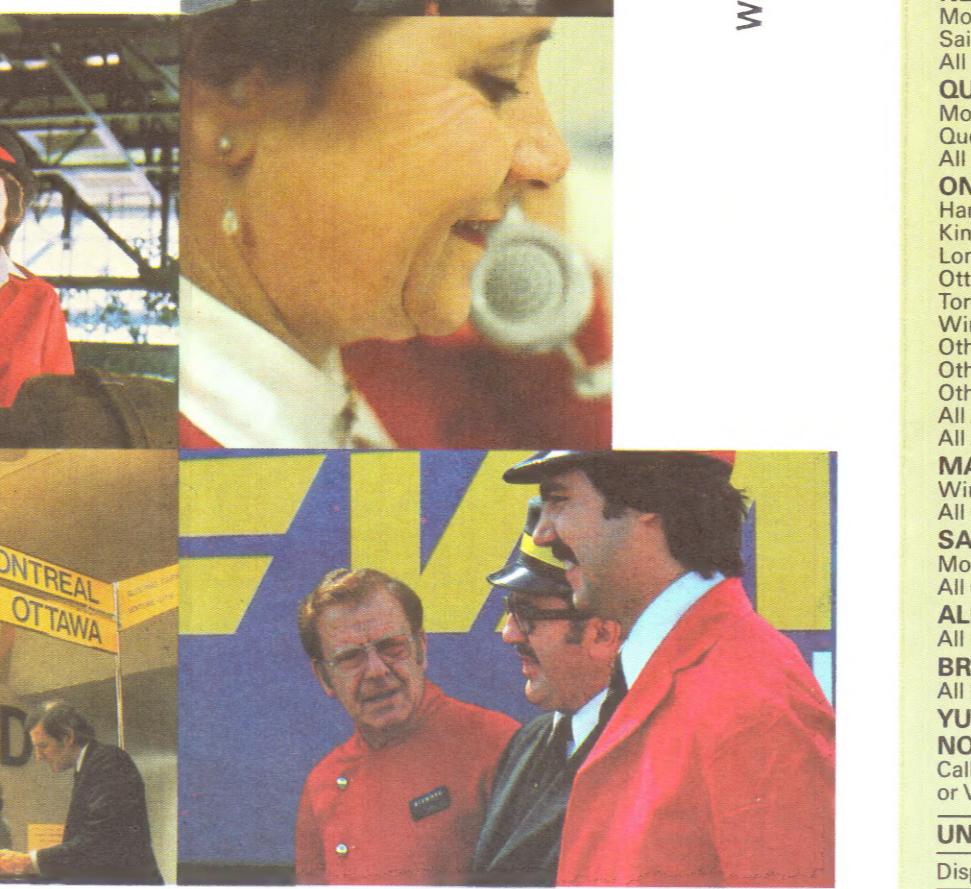
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## BRITISH COLUMBIA

**POPULATION:** 2,642,400

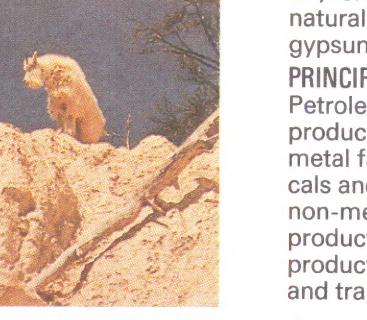
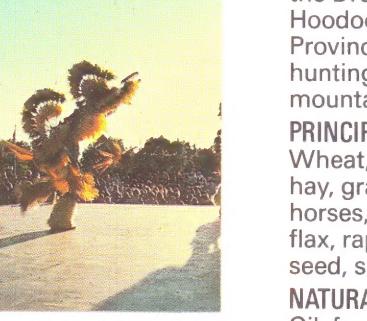
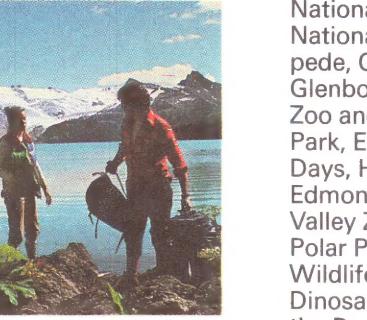
**CAPITAL:** Victoria

**TOURIST ATTRACTIONS:** National and Provincial Parks, the Butchart Gardens, Victoria Undersea Gardens, Provincial Museum in Victoria, Stanley Park, Gas Town, Chinatown, Centennial Fountain and Museum, Aquarium, Arboretum, Vancouver Sea Festival, Pacific National Exhibition, Capilano Canyon and Suspension Bridge, Grouse Mountain Skyride, Vancouver Planetarium, fishing, skiing, hunting, mountain climbing, boating, golfing, camping, swimming.

**PRINCIPAL AGRICULTURE:** Wheat, barley, fruits, vegetables, cattle, sheep.

**NATURAL RESOURCES:** Forests, fish, furs, nickel, copper, iron, gold, silver, asbestos, zinc, coal.

**PRINCIPAL INDUSTRIES:** Wood products, paper, primary metal, petroleum and coal production, aluminum, commercial fishing and fish packing.



## ALBERTA

**POPULATION:** 2,100,000

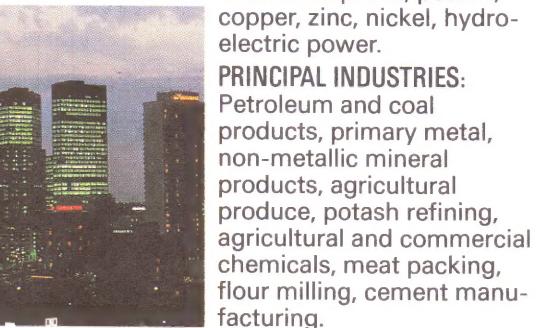
**CAPITAL:** Edmonton

**TOURIST ATTRACTIONS:** Rocky Mountains, Jasper National Park and Jasper Park Lodge, Banff and Lake Louise, Elk Island National Park, Waterton Lakes National Park, Wood Buffalo National Park, Calgary Stampede, Calgary Tower, Glenbow Museum, Calgary Zoo and Natural History Park, Edmonton Klondike Days, Heritage Park, Edmonton Planetarium, Valley Zoo, Fort Edmonton, Polar Park, Northern Alberta Wildlife Park, Vista "33" Dinosaur Provincial Park in the Drumheller Badlands, Hoodoos, Cypress Hills Provincial Park, fishing, hunting, camping, golfing, mountain climbing, skiing.

**PRINCIPAL AGRICULTURE:** Wheat, oats, barley, rye, hay, grass and clover seed, horses, cattle, sheep, swine, flax, rapeseed and mustard seed, sugar beets, dairy.

**NATURAL RESOURCES:** Oil, forests, coal, furs, natural gas, sulphur, salt, gypsum.

**PRINCIPAL INDUSTRIES:** Petroleum and coal production, primary metal, metal fabricating, chemicals and petrochemicals, non-metallic mineral products, fertilizer, forest products, portable homes and trailers.



## SASKATCHEWAN

**POPULATION:** 930,000

**CAPITAL:** Regina

**TOURIST ATTRACTIONS:** Prince Albert National Park, Royal Canadian Mounted Police museum and barracks in Regina, The Western Development Museum and the Diefenbaker Centre in Saskatoon, Batoche Rectory, fishing, hunting, camping, golfing. The Manitoba Centennial Art Centre, Concert Hall, Planetarium and Museum of Man and Nature in Winnipeg. Lower Fort Garry, Maritime Museum, Selkirk Park, International Peace Garden on the Canadian-U.S. border.

**PRINCIPAL AGRICULTURE:** Wheat, oats, barley, rye, rapeseed, forage seed, livestock.

**NATURAL RESOURCES:** Forests, fish, furs, helium, coal, oil, uranium, salt, sodium sulphate, potash, copper, zinc, nickel, hydroelectric power.

**PRINCIPAL INDUSTRIES:** Petroleum and coal products, primary metal, non-metallic mineral products, agricultural produce, potash refining, agricultural and commercial chemicals, meat packing, flour milling, cement manufacturing.

## MANITOBA

**POPULATION:** 1,030,000

**CAPITAL:** Winnipeg

**TOURIST ATTRACTIONS:** Riding Mountain National Park, Whiteshell, Birds-Hill, Grand Beach, Duck Mountain and Grass River Provincial Parks. Hunting, fishing, boating, camping and golfing. The Manitoba Centennial Art Centre, Concert Hall, Planetarium and Museum of Man and Nature in Winnipeg. Lower Fort Garry, Maritime Museum, Selkirk Park, International Peace Garden on the Canadian-U.S. border.

**PRINCIPAL AGRICULTURE:** Wheat, oats, rye, barley, vegetables, sugar beets, honey, livestock, poultry, sunflowers.

**NATURAL RESOURCES:** Forests, furs, fish, nickel, copper, zinc, cesium, gypsum, petroleum, potash, water power.

**PRINCIPAL INDUSTRIES:** Textiles, clothing, pulp and paper, automobile manufacturing, chemicals and chemical products, iron and steel, shipbuilding, aircraft manufacturing, aluminum, appliances, electronic and electrical services.

## ONTARIO

**POPULATION:** 8,264,465

**CAPITAL:** Toronto

**TOURIST ATTRACTIONS:** Upper Canada Village; Niagara Falls; Canadian National Exhibition; CN Tower; Ontario Place; Fort York; Canada's Wonderland; Ontario Science Centre; Metro Zoo; Old Fort William; Royal Botanical Gardens, Hamilton; Stratford Shakespearean Festival; Parliament Buildings at Ottawa, Canada's capital; The Muskoka, Haliburton, Kawartha, Rideau, Kakabeka Falls, Lake-of-the-Woods and Thousand Islands, areas for swimming, boating, fishing, hunting, camping, golfing; Algonquin, Quetico and Lake Superior Provincial Parks, Old Fort Henry.

**PRINCIPAL AGRICULTURE:** Wheat, oats, soybeans, corn, cattle, swine, poultry, fruit, sugar beets, vegetables, tobacco.

**NATURAL RESOURCES:** Forests, furs, fish, nickel, copper, iron, gold, silver, uranium, asbestos, zinc, water power.

**PRINCIPAL INDUSTRIES:** Primary metal, metal fabricating, transportation equipment, automobile manufacturing, chemicals and chemical products, iron and steel, shipbuilding, aircraft manufacturing, aluminum, appliances, petroleum products, electronic and electrical services.

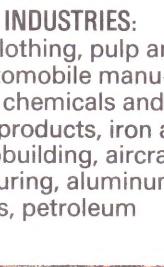
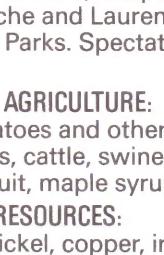
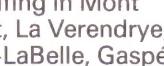
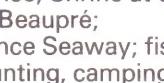


## QUÉBEC

**POPULATION:** 6,280,000

**CAPITAL:** Québec City

**TOURIST ATTRACTIONS:** Fathers of Confederation Memorial Building, Woodleigh Replicas, 16th Century Mic Mac Indian Village, Prince Edward Island Na-



## PRINCE EDWARD ISLAND

**POPULATION:** 125,000

**CAPITAL:** Charlottetown

**TOURIST ATTRACTIONS:** Gaspé Peninsula and Percé Rock; The Laurentian Mountains; Eastern Townships; Gatineau beaches. Entertainment, shopping and restaurants with an international flavour; the Olympic Park, Man and His World site and Place des Arts in Montréal, a city with a history dating from 1642. Quaint old-world city of Québec; rustic villages of the lower St. Lawrence; Shrine at Ste-Anne-de-Beaupré; St. Lawrence Seaway; fishing, sailing, hunting, camping, golfing; Algonquin, Quetico and Lake Superior Provincial Parks, Old Fort Henry.

**PRINCIPAL AGRICULTURE:** Cattle, sheep, fruit, maple syrup, dairy products.

**NATURAL RESOURCES:** Forests, fish, furs, coal, gypsum, salt.

**PRINCIPAL INDUSTRIES:** Pulp and paper, lumber, fish processing and packing, iron and steel production, shipbuilding, automobile manufacturing, tire manufacturing, tourism.



## NOVA SCOTIA

**POPULATION:** 853,000

**CAPITAL:** Halifax

**TOURIST ATTRACTIONS:** Citadel Hill in Halifax, Cabot Trail on Cape Breton Island, Grand Pré, Annapolis Valley, the South Shore, Louisbourg National Historic Park and Museum, Cape Breton Highlands National Park, Alexander Graham Bell Museum in Baddeck, Miners Museum in Glace Bay, fishing, swimming, sailing, hunting.

**PRINCIPAL AGRICULTURE:** Cattle, sheep, fruit, maple syrup, dairy products.

**NATURAL RESOURCES:** Forests, fish, furs, coal, gypsum, salt.

**PRINCIPAL INDUSTRIES:** Pulp and paper, lumber, fish processing and packing, iron and steel production, shipbuilding, automobile manufacturing, tire manufacturing, tourism.



**PRINCIPAL AGRICULTURE:** Potatoes, cattle, swine, fruit, dairy products, tobacco.

**NATURAL RESOURCES:** Fish, lobsters, oysters.

**PRINCIPAL INDUSTRIES:** Processing and packing of seafoods and agriculture produce, tourism.

